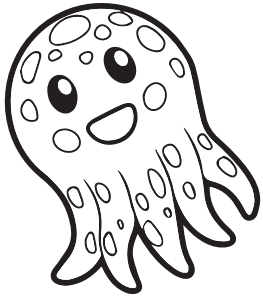
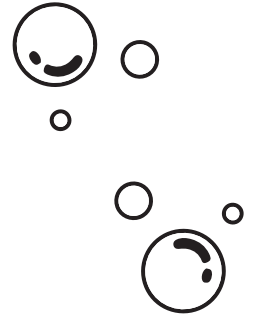


SEASIDE
BAR & GRILL

Virginia
Beach



Kids Menu



(12 and under please)

Breakfast \$11

Oatmeal **GF**

Berry Pancakes
Hot Maple Syrup

Big Breakfast
One egg any style with 2
silver dollar pancakes and
your choice of 2 slices of
bacon or 2 sausages

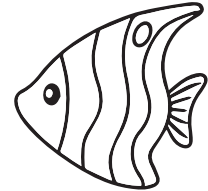
Granola and
Organic Yogurt **V**

French Toast Sticks
Hot Maple Syrup

Fresh Fruit Plate **V, GF**



Lunch & Dinner \$12

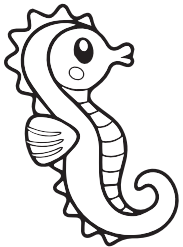


All meals include your choice of 2% milk, chocolate milk, juice, or soft drink

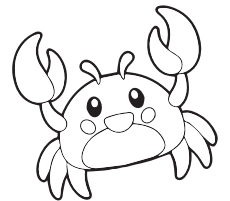
Grilled Chicken
Steamed Broccoli

Turkey Breast
Sandwich
Whole Wheat Bread with
Lettuce, Tomato, Fruit Cup
or Chopped Salad

Hamburger/
Cheeseburger
Sweet Potato Fries
or French Fries
Substitute a Garden Salad or Fresh Fruit



Mix & Match Meal! \$12



Pick 2 Items:

Breaded Chicken
Fingers

French Fries **V**

Garden Salad **V**

Grilled Organic
Chicken

Organic
Apple Sauce **V, GF**

Steamed
Broccoli **V, GF**

Peanut Butter
and Jelly **V**

Penne Pasta -
Butter Parmesan **V**

Carrot Sticks
w/ Ranch

Fresh Fruit Cup **V**

Classic Mac
and Cheese

