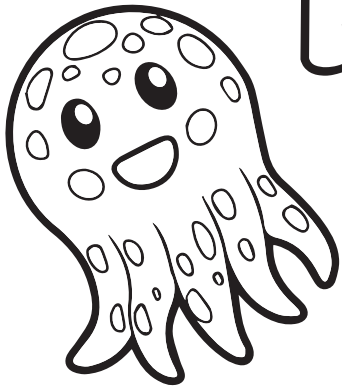
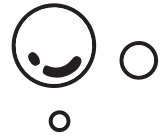


SEASIDE  
BAR & GRILL

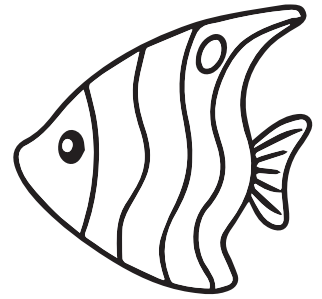
Virginia  
Beach



# Kids Menu



(12 and under please)



## Breakfast \$11

7am - 11am

**Oatmeal V**  
Steel Cut Oatmeal,  
Fresh Berries, Banana

**Buttermilk Pancakes V**  
Fresh Berries

**Fresh Fruit Plate V, GF**

**Granola and Organic Yogurt V**  
Fresh Berries

**Tulu Crunchy French Toast V**  
Fresh Berries

**Big Breakfast**  
One egg any style,  
2 silver dollar pancakes,  
choice of bacon or sausage



## Lunch & Dinner \$12



11am - Close. All meals include your choice of milk, juice, or soft drink.

**Grilled Chicken GF**  
Steamed Green Beans

**Gluten Free Penne Pasta V, GF**  
Butter Sauce

**Crisp Chicken Fingers**  
French Fries, Sweet Potato Fries,  
Garden Salad or Fruit Cup

**Grilled Cheeseburger**  
French Fries, Sweet Potato Fries,  
Garden Salad or Fruit Cup

**Grilled Hamburger**  
French Fries, Sweet Potato Fries,  
Garden Salad or Fruit Cup

